



MEMORY JOGGER

When you Shave, Cut or Colour your hair, you're not just changing your hairstyle. You're changing the lives of Australians just like you affected by blood cancer.

Every dollar you raise will help keep families together when they need each other most, so don't forget to ask everyone you know to get behind you. Check out this list of people you could ask and work your way through the list!

- Parents
- Grandparents
- Brothers
- Sisters
- Aunts
- Uncles
- Cousins
- In-Laws
- Best man
- Bridesmaids
- Children's friends' parents
- College friends
- People from past jobs
- People I grew up with
- Play sport with
- Neighbours
- Partner
- School friends
- Overseas family and friends

My....

- Accountant
- Aerobics instructor
- Auditor
- Babysitter
- Beautician
- Chiropractor
- Dentist
- Dietician
- Doctor
- Gardener
- Office cleaner
- Plumber

My customers, clients, suppliers + other ideas

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I know people at....

- After school club
- Bingo club
- Bowls
- Calisthenics
- Childcare
- Church, Synagogue etc
- Chamber of Commerce
- Clinic
- Coffee shop
- Computer club
- Construction site
- Cooking class
- Council
- Deli
- Footy club
- Government
- Garden centre
- Golf course
- Health club, gym
- Hospital
- Hotel
- Kennels
- Library
- Local band
- Local shops
- Market
- Nursing Home
- Pharmacy
- Post Office
- Probus
- Pub
- Restaurant
- Rotary Club
- School
- Supermarket
- Tennis clubs
- Theatre
- University
- Volunteer group
- Yoga
- Workplace

EVERY STRAND OF HAIR YOU CHANGE

MAKES LIVING WITH BLOOD CANCER LESS SCARY