



MEMORY JOGGER

Ask everyone you know to sponsor you; family, friends, club members, workmates, clients, customers and more. Check out this list of people you can ask and work your way through the list!

- Parents
- Grandparents
- Brothers
- Sisters
- Aunts
- Uncles
- Cousins
- In-Laws
- Best man
- Bridesmaids
- Children's friends' parents
- College friends
- People from past jobs
- People I grew up with
- Play sport with
- Neighbours
- Partner
- School friends
- Overseas family and friends

My....

- Accountant
- Aerobics instructor
- Auditor
- Babysitter
- Beautician
- Chiropractor
- Dentist
- Dietician
- Doctor
- Gardener
- Office cleaner
- Plumber

My customers, clients, suppliers + other ideas

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I know people at....

- After school club
- Bingo club
- Bowls
- Calisthenics
- Childcare
- Church, Synagogue etc
- Chamber of Commerce
- Clinic
- Coffee shop
- Computer club
- Construction site
- Cooking class
- Council
- Deli
- Footy club
- Government
- Garden centre
- Golf course
- Health club, gym
- Hospital
- Hotel
- Kennels
- Library
- Local band
- Local shops
- Market
- Museum
- Night class
- Night Club
- Nursing Home
- Pharmacy
- Post Office
- Probus
- Pub
- Restaurant
- Rotary Club
- School
- Supermarket
- Tennis clubs
- Theatre
- University
- Volunteer group
- Yacht club
- Yoga
- Workplace

DEFEATING BLOOD CANCER

